

Super Bowl Trivia Questions and Answers

Super Bowl XLV is arguably the most historic matchup in the history of the big game as Pittsburgh and Green Bay have combined for nine Super Bowl titles. That's the most Super Bowl wins of the two competing teams in the game's history. How's your NFL history knowledge? Let's play 20 questions, Super Bowl style, with some Super Bowl trivia questions and answers. Use these to spice up your [Super Bowl party](#).

1. What player has won the most Super Bowl MVP awards with three?

- a) Troy Aikman
- b) Terry Bradshaw
- c) Jerry Rice
- d) Joe Montana

2. Who is the only player to have won Super Bowl MVP on a losing team?

- a) Roger Staubach
- b) Kurt Warner
- c) Chuck Howley
- d) Jake Delhomme

3. What team lost a Super Bowl by the smallest margin in the game's history?

- a) New England Patriots
- b) St. Louis Rams
- c) Buffalo Bills
- d) Miami Dolphins

4. What team won a Super Bowl by the largest margin in the game's history?

- a) San Francisco 49ers

- b) Washington Redskins
- c) Dallas Cowboys
- d) Pittsburgh Steelers

5. What quarterback holds the record for highest rating in a Super Bowl?

- a) Kurt Warner
- b) Phil Simms
- c) Terry Bradshaw
- d) Tom Brady

6. Which Super Bowl winning starting quarterback attempted the fewest passes in a single Super Bowl game?

- a) Bob Griese
- b) Len Dawson
- c) Bart Starr
- d) Joe Namath

7. What player holds the record for most career sacks in the Super Bowl?

- a) Reggie White
- b) Mean Joe Greene
- c) Randy White
- d) Charles Haley

8. What player holds the record for most interceptions in a Super Bowl game?

- a) Rod Woodson

- b) Everson Walls
- c) Rod Martin
- d) Darrell Green

9. What coach has taken a team to the most Super Bowls?

- a) Chuck Noll
- b) Don Shula
- c) Tom Landry
- d) Joe Gibbs

10. Where was the first Super Bowl held?

- a) New Orleans
- b) Miami
- c) Los Angeles
- d) Phoenix

11. How many calories does an average person consume on Super Bowl Sunday?

- a) 2,000
- b) 3,000
- c) 4,000
- d) 5,000

12. What player has appeared in the most Super Bowls?

- a) Roger Staubach
- b) Terry Bradshaw

- c) Mike Lodish
- d) Jerry Rice

13. Who holds the record for most career Super Bowl fumbles?

- a) Roger Staubach
- b) Emmitt Smith
- c) Franco Harris
- d) Joe Montana

14. What is the fewest yards ever gained in a Super Bowl by a team?

- a) 119
- b) 136
- c) 144
- d) 187

15. What are the most yards gained by a team in a Super Bowl?

- a) 515
- b) 547
- c) 580
- d) 602

16. What is longest field goal in Super Bowl history?

- a) 53 yards
- b) 54 yards
- c) 55 yards

d) 58 yards

17. Who has scored the most points in Super Bowl history?

- a) Jerry Rice
- b) Lynn Swann
- c) Franco Harris
- d) Emmitt Smith

18. Who holds the record for most rushing attempts in a Super Bowl?

- a) Emmitt Smith
- b) Walter Payton
- c) John Riggins
- d) Larry Csonka

19. What player holds the record for throwing the most interceptions in a Super Bowl?

- a) Rich Gannon
- b) Jake Delhomme
- c) Roger Staubach
- d) Brett Favre

20. Who had the longest run from scrimmage in a Super Bowl?

- a) Marcus Allen
- b) Emmitt Smith
- c) Willie Parker
- d) Thurman Thomas

Answers to Super Bowl trivia questions: 1: d, 2: c (SB V), 3: c (20-19 in SB XXV), 4: a (55-10 in XXIV), 5: b (150.9 in XXI), 6: a (seven in VIII), 7: d (4.5), 8: c (three in XV), 9: b (six), 10: c, 11: b, 12: 6 (six), 13: a (five), 14: a (119 by Minnesota in IX vs. Pittsburgh), 15: d (Washington vs. Denver in XXII), 16: b (Buffalo's Steve Christie in XXVIII vs. Dallas), 17: a (48), 18: c (Washington's John Riggins with 38 in XVII vs. Miami), 19: a (XXXVII vs. Tampa Bay with five), 20: c (75 yards in XL vs. Seattle).